

Families and Children: Team up and Learn Together

Six, one-hour workshops for adults and children (ages 3 and up)

Team up to explore new skills while we stretch our brains and talk about self-care.

Register Now: bit.ly/team_up_learn_together

COVERED TOPICS:

- 1. Let's connect!** - We will learn about ways to make our brain and relationships stronger.
- 2. One, two, three, let's see!** - We will learn about how to improve our ability to focus.
- 3. I spy, you spy, we spy** - We will explore why we don't always see things the same way, and that's okay!
- 4. Similarities and differences** - We will talk about noticing what goes together.
- 5. Let's try!** - We will explore how to approach a challenge in a positive way.
- 6. Don't give up** - We will explore the importance of sticking with a task, even when it's hard.



SELECT ONE DAY OF THE WEEK TO ATTEND:

Thursdays, 9:30-10:30AM

October 28, 2021

November 4, 18, 2021

December 2, 9, 16, 2021

Facilitators:

Marguerite Hicks-Gyewu

Nicole Sullivan

Saturdays, 10-11AM (For Dads Only)

October 30, 2021

November 6, 13, 20, 2021

December 4, 11, 2021

Facilitators:

Daniel Skeritt

Aboma Dirbaba

Mondays, 4-5PM

January 24, 31, 2022

February 7, 14, 29, 2022

March 7, 2022

Facilitators:

Lissa Galluccio

Nancy Wyse

Thursdays, 5:30-6:30PM

(For Spanish Speakers)

October 28, 2021

November 4, 18, 2021

December 2, 9, 16, 2021

Facilitators:

Lillian Rater

Xiomara Nunez

Saturdays, 10-11AM (For Dads Only)

January 8, 15, 22, 29, 2022

February 5, 12, 2022

Facilitators:

Daniel Skeritt

Aboma Dirbaba



Learn more:
edportal.harvard.edu



Family Resources:
community.harvard.edu/family-resources

