# CRLS Athletics Winter Signup Information

Basketball, Cheerleading, Fencing, Gymnastics, Ice Hockey, Indoor Track, Swim & Dive, Wrestling, Unified Weight Training and Intramurals

### **Steps in Becoming Eligible for Sport Participation**

# **1** Register Online - CRLS Athletic Registration System

- → Caregivers must register their child online.
- → Visit the CRLS Athletics' website and click on the Registration tab on the right side of page.
- → You will need a Student ID Number (available in Aspen).
- → You will need a primary email (listed as Email 1 in Aspen).
- → If the primary email needs to be updated, please contact your Learning Community Clerk.

# **2** Upload Eligibility paperwork to Athletic Registration System

- → Log onto Athletics Registration system to check if eligibility paperwork is valid.
- → Upload new physical forms. (Physical Exams are valid for 13 months)
- → Take Baseline ImPact Test After registration is complete, a member of the athletic training staff will email a student CPS account with instructions to access this test. Baseline tests are valid for 2 years.

#### **Concussion Education and Implicit Bias Courses**

- → Concussion and Implicit Bias courses are free and must be completed one time per school year.
- → Please visit www.nfhslearn.com to watch the Concussion and Implicit Bias videos. If you are a returning athlete, please log into your account profile. If you are a new athlete, please create a new profile to access these courses.
- → Download certificates of completion for both courses
- → Completed certificates must then be uploaded to the Student Athlete Registration.



## **3** Academics

To be eligible for start of Winter Season (Quarter 1 Report Card published mid-November)

- → Over 70 Average for Quarter 1 Report Card
- → No more than 1 F on Quarter 1 Report Card

Maintain eligibility for Winter Season (Quarter 2 Report Card published mid-January)

- → Over 70 Average for Quarter 2 Report Card
- → No more than 1 F on Quarter 1 Report Card

All tryout eligibility criteria must be uploaded to the Athletics Registration System as soon as possible to be cleared for the first day of tryouts/practices.

Late submissions will lead to students missing the first day, possibly 2-3 days, and may result in being cut from a team.

Registration opens on October 18th and closes on November 21st.

IF YOU DON'T MEET THESE REQUIREMENTS YOU WILL NOT BE ALLOWED TO TRYOUT OR PARTICIPATE ON A TEAM.



crls.cpsd.us

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