# MAXE A GOMPLZEE MEAL 

A complete meal is a no cost meal that consists of 3 meal components: a fruit or vegetable, and at least 2 other meal components. Cafeteria staff will help students select complete meals. Students will be charged for anything that does not meet the requirements of a complete meal.

## Step 1: Pick 1 fruit OR vegetable



## Step 2: Pick 2 or more meal components



